

OUTREACH

CONNECTING CAMPUS WITH THE COMMUNITY



Health, Safety and Nutrition

Childcare providers of all kinds need to take this class. This class focuses on essential skills to keep children and their surroundings healthy and safe, such as preventing injuries and illness, basic first aid, reducing the spread of germs and properly handling and storing food. Upon completion, you will receive a certificate recognized by the Early Childhood Association as well as **15 professional development units**.

FREE | COMMUNITY EDUCATION

MONDAY, SEPT 11-OCT 9 | 5-8 PM, BREWER-HEGEMAN CONFERENCE CENTER
BARBARA JACKSON, PREPAREDNESS AND TRAINING LLC



Infant and Toddler Safety

You can never be too safe when you have little ones around the house. This class will cover important safety issues such as safe newborn sleeping, child passenger safety restraint, choking prevention and basic CPR skills for the newborn up to age 4.

FREE | COMMUNITY EDUCATION

SATURDAY, SEPT 16 | 9 AM-NOON, BREWER-HEGEMAN CONFERENCE CENTER
AMBER LEDBETTER, RN & ALICIA ISOM, RN, CONWAY REGIONAL HEALTH SYSTEM



Family Lego Day at UCA

Kids build cars, trucks, landmarks and unique creations with Lego. Kids will receive tips for future Lego builds, learn Lego trivia, and have a chance to win Lego prizes! They will also learn the basic steps in making a Lego movie using licensed Lego software. Parents or guardians must be present. Kids will receive a Lego kit and minifigure.

REGULAR FEE: \$65 PER CHILD | COMMUNITY EDUCATION

SATURDAY, OCT 14 | 1-3 PM, BREWER-HEGEMAN CONFERENCE CENTER
LENNON PARKER



Bigs and Littles Hip Hop

Calling all ladies! Grab your daughters, granddaughters, nieces or little sisters and come get your dance on! During this hour, each participant will learn a choreography routine set to clean Top 40 hip hop music. Not only is this fun, but it's a great way to stay in shape and pursue a healthy lifestyle with your loved ones.

REGULAR FEE: \$25/PER COUPLE | COMMUNITY EDUCATION

SATURDAY, NOV 4 | 10-11 AM
BREWER-HEGEMAN CONFERENCE CENTER
CHANTE ERBY, FUNK FUSION ACADEMY

UCA Community Education classes are 50% off for UCA faculty, staff, students, retirees and Alumni Association members



UNIVERSITY OF
CENTRAL
ARKANSAS

OUTREACH &
COMMUNITY ENGAGEMENT

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